

Chelan-Douglas County Substance Abuse Resources

Substance Abuse Programs

The Center for Alcohol and Drug Treatment

(509) 662-9673

- Medicaid, private insurance, self-pay, sliding scale. Intensive & Level 1 outpt programs, withdrawal services.

Columbia Counseling 607, LLC

(509) 888-4404

- Private insurance. Intensive & Level 1 outpatient programs.

New Hope Recovery Center

(509) 293-7724

- Medicare Advantage with referral from Confluence Health, insurance, sliding fee scale.

Sanctuary at the Lake: Lake Chelan Community Hospital

(509) 682-3300

- Medicare, most insurance companies, self-pay. Inpatient and outpatient treatment. Must be ≥ 18.

Shipowick-Smith Counseling

(509) 667-0679

- Private insurance. Intensive Outpatient & after care, including Women and Addiction Group and Family Counseling Group for their clients.

Services

Community Choice: Washington Health Home Program

- Provides care coordination of medical, behavioral health and long-term services and supports for *eligible* individuals of all ages and who are on Washington State Medicaid plans. The program uses a network of local agencies to help clients understand and manage their health concerns. No charge. For FFS Medicaid or Duals (Medicare-Medicaid) clients contact Community Choice at **1-800-782-2115**. For Medicaid Apple Health clients, contact assigned Managed Care Organization.

North Central Washington Behavioral Health (NCWBH)

(509) 886-6318

- A service for Medicaid-enrolled participants and their family members to gain resource information. Walk-in support available M-F in Wenatchee. Also a 24 hour Crisis Line: 509-662-7105 or 1-800-852-2923 and a National Crisis Text Line: Text "Start" to 741-741.

Columbia Valley Community Health Adult Behavioral Health Wenatchee (509) 662-4296 Chelan (509) 682-6000

- Counseling services for substance dependence, anger management, depression and anxiety.

Classes and Support Groups

Alcoholics Anonymous - Chelan County

- Meeting schedule and locations <http://www.simeetings.com/LA/WA/ChelanCtyMtgs.html>

Chelan-Douglas County Substance Abuse Resources (page 2)

Classes and Support Groups (Continued)

Alcoholics Anonymous - Douglas County

- Meeting schedule and locations <http://www.simeetings.com/LA/WA/ECentWAMtgs.html>

Narcotics Anonymous - Chelan and Douglas Counties 1-855-522-3262

- Meeting schedule, locations, resources www.cdcna.org

Celebrate Recovery Wenatchee (509) 884-6813

- A faith-based support program offered at multiple churches. Sites posted at: <http://locator.crgroups.info/>

Chronic Pain Self-Management Program (CPSMP) 1-800-782-3204

- A six-week workshop series by Community Choice for individuals experiencing chronic pain as a result of another condition, an accident, or other life event. Groups are also open to caregivers, friends, and family members. Participants will learn techniques to help them better manage their pain, learn ways to communicate with health providers, and develop the skills needed to achieve their goals. 12 Continuing Education Credits available. Also offered in Spanish. Free of charge.

National Alliance on Mental Illness (NAMI) Chelan Douglas (509) 663-8282

- Meeting schedule, locations and resources: <http://www.namicd.org>

Parent Education/Support Group Meetings (Wenatchee) (509) 662-9673

Materials and Resources

Chelan-Douglas TOGETHER for Youth (509) 662-7201

- Resource library for opioid brochures and awareness information.
- Drug disposal "Take Back" containers located at the Chelan County Sheriff's Offices in Wenatchee and Chelan.

Phone and Internet Resources

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|---|----------------|---|
| Alcoholics Anonymous Answering Service | (509) 664-6469 | |
| Chelan - Douglas Counties Narcotics Anonymous Help Line | 1-885-522-3262 | http://www.cdcna.org/ |
| National Suicide Prevention Hotline (24/7) | 1-800-784-2433 | |
| Suicide Prevention Coalition of NCW | | http://www.spcncw.com/ |
| Washington Recovery Help Line | 1-866-789-1511 | |
| Washington Recovery Help Line for Teens | 1-866-833-6546 | |
| Washington Recovery Help Line Website | | https://www.warecoveryhelpline.org/ |
| Washington State DOH Pain Clinic Closures | | http://www.doh.wa.gov/Emergencies/PainClinicClosures |

For Families and/or Concerned Persons:

WA AL-ANON/NAR-ANON Family Group Information Line 1-888-425-2666
Washington Al-Anon/Alateen Website

- Meeting schedule, locations, resources <http://wa-al-anon.org/>

Okanogan County Substance Abuse Resources

Substance Abuse Programs

ADEPT Assessment Center (Omak)

(509) 684-2349

- Private insurance and private pay. Provides outpatient and intensive outpatient chemical dependency treatment.

Colville Tribal Health Alcohol Drug Program (Nespelem)

(509) 634-2610

- Medicaid, Medicare, military Insurance, Access to Recovery (ATR) vouchers, sliding scale. Primary focus is on substance abuse services, including partial hospitalization / day treatment and outpatient Methadone/Buprenorphine or Vivitrol.

New Start (Omak)

(509) 587-0105

- Medicaid, private pay, some insurance (no contract yet with some companies). Provides medically supervised outpatient recovery program, including Suboxone prescriptions.

Okanogan Behavioral Health (Omak)

(509) 826-6191

- Medicaid, State insurance, other insurance, private pay, sliding scale. Intensive outpatient & Level 1 services + homeless center (SHOVE). Serves adults & teens. Works with New Start.

Services

Community Choice: Washington Health Home Program

- Provides care coordination of medical, behavioral health and long-term services and supports for *eligible* individuals of all ages and who are on Washington State Medicaid plans. The program uses a network of local agencies to help clients understand and manage their health concerns. No charge. For FFS Medicaid or Duals (Medicare-Medicaid) clients contact Community Choice at **1-800-782-2115**. For Medicaid Apple Health clients, contact assigned Managed Care Organization.

Classes and Support Groups

Chronic Pain Self-Management Program (CPSMP)

1-800-782-3204

- A six-week workshop series by Community Choice for individuals experiencing chronic pain as a result of another condition, an accident, or other life event. Groups are also open to caregivers, friends, and family members. Participants will learn techniques to help them better manage their pain, learn ways to communicate with health providers, and develop the skills needed to achieve their goals. 12 Continuing Education Credits available. Also available in Spanish. Free of charge.

Alcoholics Anonymous - Chelan County

- Meeting schedule and locations <http://www.simeetings.com/LA/WA/ChelanCtyMtgs.html>

Alcoholics Anonymous - Douglas County

- Meeting schedule and locations <http://www.simeetings.com/LA/WA/ECentWAMtgs.html>

Okanogan County Substance Abuse Resources (page 2)

Classes and Support Groups (Continued)

Narcotics Anonymous – Okanogan County (Omak) (509) 826-6371

- Meeting schedule and locations <http://gclana.org/PDF/NA3-4-12.pdf>

Phone and Internet Resources

Alcoholics Anonymous Answering Service (509) 664-6469

National Suicide Prevention Hotline (24/7) 1-800-784-2433

Okanogan County Counseling Service (24 hour Suicide Prevention) (509) 826-6191

Okanogan County Narcotics Anonymous Help Line (509) 826-6371 <http://gclana.org/PDF/NA3-4-12.pdf>

Suicide Prevention Coalition of NCW <http://www.spcncw.com/>

Washington Recovery Help Line 1-866-789-1511 <https://www.warecoveryhelpline.org/>

Washington Recovery Help Line for Teens 1-866-833-6546 <https://866teenlink.org/>

Washington State DOH Pain Clinic Closures <http://www.doh.wa.gov/Emergencies/PainClinicClosures>

For Families and/or Concerned Persons:

WA AL-ANON/NAR-ANON Family Group Information Line 1-888-425-2666

Washington Al-Anon/Alateen Website

- Meeting schedule and locations and resources <http://wa-al-anon.org/>

Grant County Substance Abuse Resources

Substance Abuse Programs

Grant Integrated Services

Moses Lake (509) 765-5402

- Medicaid, State Insurance, Military Insurance, Access to Recovery (ATR) Voucher, and no payment. Partial hospitalization/day treatment and outpatient Methadone, Vivitrol or Buprenorphine. Also with limited services in Quincy (509) 787-4466, Grand Coulee (509) 633-1471, Royal City (509) 765-9239, and Mattawa (509) 932-0100.

Social Treatment Opportunity Programs (STOP)

Moses Lake (509) 855-9494 Ephrata (509) 754-2271

- Does not accept Medicare, Medicaid or Apple Health and has no MCO contracts. Cash payments are discounted to align with Medicaid fees. Intensive outpatient + Level 1 treatment.

New Start

Moses Lake (509) 587-0105

- Medicaid, private pay, some insurance (no contract yet with some companies). Provides medically supervised outpatient recovery program, including Suboxone prescriptions.

Services

Community Choice: Washington Health Home Program

- Provides care coordination of medical, behavioral health and long-term services and supports for *eligible* individuals of all ages and who are on Washington State Medicaid plans. The program uses a network of local agencies to help clients understand and manage their health concerns. No charge. For FFS Medicaid or Duals (Medicare-Medicaid) clients contact Community Choice at **1-800-782-2115**. For Medicaid Apple Health clients, contact assigned Managed Care Organization.

North Central Washington Behavioral Health (NCWBH)

(509) 886-6318

- A service for Medicaid-enrolled participants and their family members to gain resource information. Walk-in support available M-F in Quincy and Moses Lake. Also a 24 hour Crisis Line: 509-765-1717 or 1-877-467-4303 and a National Crisis Text Line: Text "Start" to 741-741.

Classes and Support Groups

Alcoholics Anonymous - Grant County

- Meeting schedule and locations: <http://www.simeetings.com/LA/WA/GrantCtyMtgs.html>

Narcotics Anonymous –Central Washington Area

- Meeting schedule and locations: <http://www.cwana.org/meetings>

Celebrate Recovery

Moses Lake (509)765-1010 Quincy (509) 398-0127

- A faith-based support program offered at multiple churches. Sites posted at: <http://locator.crgroups.info/>

Grant County Substance Abuse Resources (page 2)

Phone and Internet Resources

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|--|----------------|---|
| Alcoholics Anonymous Answering Service: | (509) 664-6469 | |
| Central Washington Narcotics Anonymous Help Line: | 1-877-664-0398 | http://www.cwana.org/ |
| Grant Integrated Services (24 hour Suicide Prevention) | 1-877-467-4303 | |
| Grant Medical Healthcare (24 hour Suicide Prevention) | (509) 765-1717 | |
| National Suicide Prevention Hotline (24/7) | 1-800-784-2433 | |
| Washington Recovery Help Line | 1-866-789-1511 | |
| Washington Recovery Help Line for Teens | 1-866-833-6546 | |
| Washington Recovery Help Line Website: | | https://www.warecoveryhelpline.org/ |
| Washington State DOH Pain Clinic Closures: | | http://www.doh.wa.gov/Emergencies/PainClinicClosures |

For Families and/or Concerned Persons:

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|---|----------------|---|
| WA AL-ANON/NAR-ANON Family Group Information Line | 1-888-425-2666 | |
| Washington Al-Anon/Alateen Website | | |
| • Meeting schedule and locations and resources: | | http://wa-al-anon.org/ |

Lincoln and Ferry Counties Substance Abuse Resources

Lincoln County

Lincoln County Alcohol and Drug Center

Davenport (509) 725-2111

- Accepts Medicaid, WA State Insurance, Military Insurance, Access to Recovery (ATR) Voucher, and no payment. Partial Hospitalization/Intensive Outpatient/Outpatient Methadone/Buprenorphine or Vivitrol services. Adults & teens. Accepts clients in Spokane BHO; other clients seen under contract.

Ferry County

Colville Tribal Health Alcohol/Drug Program

Inchelium (509) 722-7068

- Medicaid, Medicare, military Insurance, Access to Recovery (ATR) vouchers, sliding scale. Primary focus is on substance abuse services, including partial hospitalization / day treatment and outpatient Methadone/Buprenorphine or Vivitrol.

Colville Tribal Health Alcohol/Drug Program

Keller (509) 634-2260

NEW (North East Washington) Alliance Counseling Services Republic (509) 775-3341

- Accepts State Insurance (other than Medicaid), private insurance, Military Insurance, Access to Recovery (ATR) Voucher, and self-payment. Inpatient/Intensive Outpatient/Level 1 services. Serves adults & teens. Only accepts clients that reside in the Spokane BHO region.

Regional Suboxone Prescribers (2/17/17)

Chelan County:

- Dr. Keri Bergeson (509) 662-6000
- Dr. Rich Beukema (509) 662-6000
- Dr. David Houghland (509) 663-8711
- Dr. Bethany Lynn (509) 665-6087
- Dr. Eric Olson (509) 665-6087
- Dr. Catherine Ridgeway (509) 663-8711
- Dr. Ken Shermer (509) 662-6000

Douglas County:

- Dr. Malcolm Butler (509) 662-6000

Grant County:

- Dr. David Curnel (509) 996-8180
- Dr. Larry Smith, DO (509) 587-0105
- Dr. Eric Haeger (509) 587-0105
- Dr. Craig Talbot (509) 793-9780

Okanogan County:

- Dr. Anne Dubosky (509) 689-8900
- Dr. Allison Fitzgerald (509) 997-2011
- Dr. Mike Leasure (509) 422-5700
- Dr. Michael Tuggy (509) 996-8180
- Dr. James Wallace (509) 689-3455
- Dr. Rick Welton (509) 486-0114
- Dr. Larry Smith (509) 587-0105
- Dr. Eric Haeger (509) 587-0105

Ferry County:

- Dr. Maria Trevino (509) 722-7006
- Dr. Rodolfo Trevino (509) 722-7006

