Dear Colleagues,

Today, measles was confirmed in an unimmunized Aberdeen resident by testing done at the Washington State Public Health Laboratories. The patient, who is recovering at home, became ill in late December and developed a rash on January 3rd after traveling to Disney theme parks in southern CA for several days that included December 17th and 18th. This is the first confirmed case of measles identified in Grays Harbor since the 1990’s. Grays Harbor County Public Health & Social Services Department is working with Summit Pacific Medical Center where the patient was diagnosed to follow up with persons that were potentially exposed to the case.

At least 10 measles cases have been confirmed in several states following visits to Disneyland on December 17th and 18th. One of these cases, an out-of-state, unimmunized woman in her 20s flew from Orange County, CA to SeaTac Airport on December 29, stayed with family in Snohomish County paid a visit to Vancouver, B.C. and flew out of SeaTac airport on January 3 to return home. The traveler was contagious for measles during her entire trip which lead to the potential for public exposure to measles at several sites in King and Snohomish counties in addition to SeaTac Airport. Snohomish and King Counties are working with businesses and health care facilities where contagious traveler spent time while here.

Press releases were issued today regarding both situations and are attached.

The case in Grays Harbor County is the first case of measles reported in Washington State in 2015. Last year, we had several outbreaks of measles for a total of 32 cases. Please contact Communicable Disease Epidemiology at (206) 418-5500 for assistance with evaluation of potential cases and facilitation of diagnostic testing at PHL if you receive reports of suspected measles cases.

Chas DeBolt RN, MPH
Sr. Epidemiologist for Vaccine-Preventable Diseases
Washington State Department of Health

Resources:
- Washington State Dept. of Health New Release 1/9/15
- Washington State Dept. of Health Measles Guidelines
Washington State Influenza Updates Week 53

State Summary: Flu activity continues at elevated levels in Washington.

- A total of 22 laboratory-confirmed influenza deaths have been reported to date this season in Washington, including one pediatric death. Most deaths have occurred in people with pre-existing health conditions.
- Influenza is characterized as geographically widespread in Washington, meaning that influenza has been identified in most regions of the state.
- During week 53, 149 out of 584 specimens (25.5%) tested by the World Health Organization/National Respiratory and Enteric Virus Surveillance System (WHO/NREVSS) collaborating laboratories in Washington were positive for influenza. 113 specimens were positive for influenza A (H3N2), 28 were positive for influenza A (subtyping not performed) and 8 were positive for influenza B.
- During week 53, the proportion of outpatient visits for influenza-like illness (ILI) was 2.8 percent, above the baseline of 1.1 percent.

New CDHD TB Physician: Dr. Christopher Spitters

Dr. Christopher Spitters is now serving as the Chelan-Douglas Health District TB Physician. He also serves as tuberculosis control officer for Snohomish and Island counties, is the health officer for Yakima and Klickitat Counties, and is a medical consultant to the communicable disease control program in Pierce County. Dr. Spitters is available for consultation. To reach Dr. Spitters contact Stephanie Snitily, Communicable Disease PHN at the Chelan-Douglas Health District 664-6417.