For Immediate Release: August 24 am to August 25 pm, 2015

Contact: Mary Small, Public Information Officer (509) 886-6410

Wenatchee and Leavenworth – Unhealthy to Moderate
Chelan and Manson Area – Unhealthy

<table>
<thead>
<tr>
<th>Moderate</th>
<th>People with asthma, respiratory infection, diabetes, lung or heart disease, or have had a stroke should limit outdoor activities or do activities that take less effort, such as walking instead of running.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unhealthy</td>
<td>Everyone should limit time spent outdoors, avoid exercising outside (including sports teams) and choose non-strenuous indoor activities. Those with asthma, respiratory infection, diabetes, lung or heart disease, or have had a stroke should stay indoors as should infants, children, pregnant women and adults over age 65.</td>
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</tbody>
</table>

Areas around North Central Washington are receiving smoke from several local fires. Air Quality is expected to be in these ranges until Wednesday.

Individuals with pre-existing heart and lung diseases, the elderly, children and infants are at highest risk of experiencing health complications from smoke. If you are in a sensitive group experiencing adverse health effects limit your outdoor activity or exertion level.

More Information:

http://wasmoke.blogspot.com/

https://fortress.wa.gov/ecy/enviwa/

http://www.cdhd.wa.gov/